

# **SELL YOURSELF WITHOUT SAYING A WORD**

**The Experts' Guide**  
to Placing Articles  
In Print and Online

**RUSSELL TRAHAN**



INDIE BOOKS  
INTERNATIONAL

Copyright © 2017 by Russell Trahan

All rights reserved.

Printed in the United States of America.

No part of this publication may be reproduced or distributed in any form or by any means without the prior permission of the publisher. Requests for permission should be directed to [permissions@indiebooksintl.com](mailto:permissions@indiebooksintl.com), or mailed to Permissions, Indie Books International, 2424 Vista Way, Suite 316, Oceanside, CA 92054.

Neither the publisher nor the author is engaged in rendering legal or other professional services through this book. If expert assistance is required, the services of appropriate professionals should be sought. The publisher and the author shall have neither liability nor responsibility to any person or entity with respect to any loss or damage caused directly or indirectly by the information in this publication.

ISBN-10: 1-941870-97-X

ISBN-13: 978-1-941870-97-6

Library of Congress Control Number: 2017944866

Designed by Joni McPherson, [mcpersonsgraphics.com](http://mcpersonsgraphics.com)

INDIE BOOKS INTERNATIONAL, LLC

2424 VISTA WAY, SUITE 316

OCEANSIDE, CA 92054

[www.indiebooksintl.com](http://www.indiebooksintl.com)



# CONTENTS

**Preface** ..... v

**Chapter 1** Why Write an Article ..... 1

**Chapter 2** How to Write an Article ..... 11

**Chapter 3** Where to Pitch an Article. .... 23

**Chapter 4** When to Market from an Article. . . . 37

**Appendix A** Seven Sample Articles ..... 45

**Appendix B** Acknowledgements ..... 103

**Appendix C** About the Author. .... 105



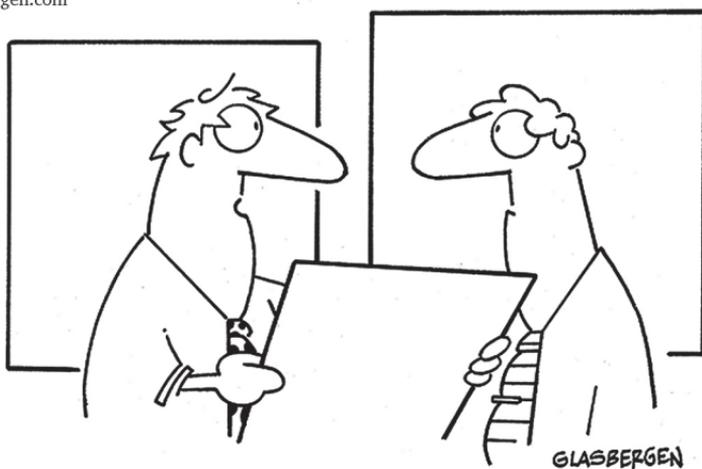
# PREFACE

Publicity 101 is knowing who your target market is. Publicity 102 is knowing where your target market is. Regardless of whether your target market is stay-at-home parents with young children and aging parents, or entrepreneurs who built their businesses up to mid-sized regional powerhouses, there is a magazine they're reading in print or online. You can get your expertise in front of them by placing articles in those magazines.

Russell Trahan  
President, PR/PR Public Relations  
April, 2017



©Glasbergen  
glasbergen.com



"It's a how-to article about how to write how-to articles."



## CHAPTER 1

# Why Write an Article?

**A**s an expert, one of the fastest ways to get your content, your unique position, your controversial stance in front of your target audience is through article placements. It doesn't matter if you are a wine expert, a management consultant, or biblically-based financial planner, there is a magazine, newsletter, e-zine, or some form of communication, either in print or online, aimed at your target market.

For the sake of this book, the examples used will be for professional speakers, consultants, or nonfiction authors simply because those are the niche markets served by my company, PR/PR Public Relations. Our media relations lie in

the trade, industry, and business association publications situated to benefit experts looking for name recognition in front of business decision makers looking to hire for conventions, conferences, and corporate events.

For the wine expert, there are local neighborhood magazines around your shop; for the biblically-based financial planner there are magazines and websites targeted towards single parents and seniors. There are magazines for women and parenting, there are magazines for men's interests; there is a magazine for any subject you can think of—especially online.

Just because you are not a management consultant or sales trainer, don't think you won't benefit from the principles in this book—you will! The principles are the same, just change the topic/title/website of the publications I reference into the ones relating to your expertise.

## **The Power of Industry and Association Publications**

Studies have shown that business owners, executives, entrepreneurs, and C-suite-level decision makers read their industry publications and association magazines cover-to-cover every month—more often than they read an entire edition of the *The Wall Street Journal* or an entire issue of *Entrepreneur*.

Plus, in a trade, industry, or business association publication you are more likely to get an entire article of your content placed, with a bio paragraph at the end. Newsstand magazines and daily newspapers use writers, reporters, freelancers, and columnists who will quote you as an expert, but rarely take unsolicited articles from outside sources.

Many speakers and consultants think they'll achieve instant fame and build their career if only they were quoted in a major magazine or daily newspaper, such as *USA Today*. While

that would be great, and sounds fantastic when being introduced at the podium, what will most likely get you invited to that podium in the first place is an article placed directly in front of meeting planners in their association publication.

After all, to reach your target market from a quote in *USA Today*, you have to hope that your target is staying in a hotel (because that's where most people read *USA Today*), and you have to hope that they don't just step over that day's edition on their way out the door. If they finally decide to thumb through the paper you have to hope they read the section you're quoted in, the article you're quoted in, and you have to hope that they read down to the paragraph you're quoted in. Those are too many variables.

The same can be said for high-profile online outlets, such as *HuffPost*. You have to hope your target market checks the website on the day your article is posted. You have to hope they go to the category where your article is

posted. You have to hope you're still at the top of the page, or that they scroll down far enough to find your article. Once again, too many variables.

Experts of all kinds often seek the “celebrity” status of TV or radio. While this works to feed the ego, it does not help build your business. There's a phrase in the broadcast industry called, “ten and done!” This means that if a viewer or listener does not respond to your message within ten minutes of hearing it, chances are they never will. How often have you, yourself, been listening to the radio, hear a great author or expert giving advice, but by the time you've gotten home or to the office, you've been hit with hundreds of other messages and have forgotten the name of the book and the expert?

When your expertise—in the form of an article—is in print or online, the reader can save the magazines, tear out the page, bookmark the URL, download a copy, or e-mail a link to a friend. This gives them the

ability to react to your message the next week, the next month, or even the next year. Think of the executive who reads an article in the August issue of his trade magazine, likes the advice given and decides to give copies of the author's book to his staff for Christmas. We hear all the time from meeting planners that they look to their industry and association publications for speakers for their next event. If your expertise is deemed applicable to their readership, you'll be a safe speaker for their audience.

## **Articles Generate Credibility**

This flows right into the instant credibility, the stamp of endorsement, that being in a magazine provides you. Whether you've been speaking for two years or twenty, when you're in a trade or association publication, you're the expert on the subject. The reader doesn't care how long you've been giving keynotes and workshops. All they care about is how you can make their lives and businesses better.

You'll read in the subsequent chapter on pitching your article that the editor doesn't care, either. With all the online placements these days, it will give your website a jump in search engine optimization (SEO) that can't be beat. Your URL can quickly outrank that of a well-established speaker with all the trade and industry sites that post your article and link back to your site from theirs.

**Article placements give you a “warm call” or an open door to reach out to the associations that have placed your content and market yourself for speaking engagements.**

You'll read in an upcoming chapter about marketing with an article, and that whether the placement is in a direct association publication or a wider-reaching trade or industry publication you'll have multiple avenues to open new business opportunities.